



Get “Happy Feet” at Mission Inn’s Spa Marbella

Podiatric care takes a giant step forward in Central Florida



Howey-in-the-Hills, Fla. (Oct. 20, 2015) – Healthy feet are happy feet, which is why Spa Marbella at Mission Inn Resort & Club is redefining foot care with a host of new services. The Spa’s totally reimagined approach to podiatric care includes the recent addition of podiatrist Dr. Anna Marie Chwastiak, who extends the boundaries of foot care with state-of-the-art assessments and treatments in the relaxed setting of the beautiful Spa Marbella.

The Spa’s **Healthy Feet Evaluation** includes an ankle-to-toe check-up, for each foot and includes a take-home plan for maintaining strong bones, joints, muscles, circulation, nerves, and skin (including corns, calluses, warts, and blisters).

Along with the traditional podiatry services available at Spa Marbella are:

- Radial Pulse Therapy, an FDA-approved, non-invasive procedure for heel pain and Achilles tendinitis
- 3-D Printed Custom Orthotics custom-engineered for each foot’s structure and shape, and the individual’s life style.
- Keryflex Nail Restoration, a safe, nonsystematic application that restores the appearance of the patient’s natural nails
- Chemical peels, to refresh the feet, diminish odor and leave skin smooth and soft
- Waterless pedicure

- Laser Therapy, to enhance healing of joint and soft tissue injuries such as arthritis treatment, plantar fasciitis, or athletic sprains and injuries

Spa Marbella is a 6,200-square-foot oasis of relaxation adjacent to the Mission Inn golf clubhouse. The spa features five private treatment rooms, two steam rooms, private separate lounges for men and women, plus three manicure and two pedicure stations.

Mission Inn is a four-season resort located in the rolling hills of Central Florida's Lake County in the town of Howey-in-the-Hills, 35 minutes northwest of Orlando. The destination resort features classic Spanish Colonial architecture, 176 graciously appointed guestrooms, suites and villas, two championship golf courses, three restaurants, two lounges, and poolside bar. Recreational amenities include eight tennis courts, trap and skeet shooting range, jogging and bicycling trails, volleyball courts, outdoor pool and hydro-spa, fitness center, nautical center with 52-slip marina, fishing, and boating.

More detailed descriptions of all Spa Marbella services may be found at www.missioninnresort.com/spa.

Call direct 352/324-3101 or 800/874-9053 for additional information or access the web site at www.missioninnresort.com.

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